

## **RECOMMENDED READING LIST**

TITLE	AUTHOR
Becoming	Michelle Obama
Awaken The Giant Within	Anthony Robbins
Нарру	Turia Pitt
Manual Of The Warrior Of Light	Paulo Coelho
Green Lights	Matthew McConaughey
Dare to lead	Brené Brown
Braving The Wilderness	Brené Brown
Atlas Of The Heart	Brené Brown
The Leader Who Had No Title	Robin Sharma
Lean In	Sheryl Sandberg
Feel The Fear And Do It Anyway	Susan Jeffers
Crossing The Ditch	James Castrisson
The Values Factor	Dr. John Demartini
Any Ordinary Day	Leigh Sales
Phosphorescence	Julia Baird
Women & Desire	Polly Young-Eisendrath
Foregiveness For Everyone	Jeff Oliver
The Happiness Code	Dominique Bertolucci
How To Be An Antiracist	Ibram X. Kendi
Attached	Dr. Amir Levine and Rachel S.F Heller, M.A
Fifth Avenue, 5 A.M	Sam Wasson
Emotional Agility	Susan David
The Wisdom Of Sundays	Oprah Winfrey
Eat, Pray, Love	Elizabeth Gilbert
My Fears, My Depression, My Love	Nelio Devincenzo